

PRUEBAS

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|---|-----------|---|--------------|
| 1 | SKIERG | 5 | REMO |
| 2 | SLED PUSH | 6 | FARMER CARRY |
| 3 | SLED PULL | 7 | ZANCADAS |
| 4 | BURPEES | 8 | WALL BALL |

INFORMACIÓN

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|----|---------|----|----------------|
| 9 | PODIUM | 11 | SALIDA |
| 10 | ENTRADA | 12 | INICIO CARRERA |

